DEPARTMENTS
13 From the President
15 From the Editor
18 High Notes
38 Across the Miles
47 From the Performance Health Care Committee
48 NFA News
51 From the Career and Artistic Development Committee
52 Notes from Around the World
56 Passing Tones
60 New Products
64 Reviews
74 NFA Office, Coordinators, Committee Chairs
77 Index of Advertisers

FEATURES
20 Learning by Doing: Ian Anderson
by David Westcombe
Ian Anderson, one of the best-known flutists of the classic rock-and-roll era, has made his mark both with Jethro Tull and as a soloist. He had already cut a commercially successful album and enjoyed success before the famous flutist’s daughter informed him he was “playing it all wrong.”

26 Meaning in Movement
by Jennifer Piper
Dance was an important part of life during the Baroque era. A new publication by renowned period scholar and performer Rachel Brown addresses the influence of dance on the performance of Baroque works.

32 Upper Extremity Flute Injuries: An Overview of Repetitive Motion Disorders
by Michael Treister
A flutist and orthopedic surgeon argues that for flutists whose career activities are causing repetitive motion disorders, surgery might be not only the better option but also the only real one.

40 One Flutist’s Voice
by Antonina Styczen
The winner of the 2019 NFA Young Artist award describes the life experiences—right up to the competition itself—behind the challenging repertoire she selected for her performance.

44 Musical Mindset
by Iman Williams
The 2019 winner of the Frances Blaisdell Convention Scholarship is eager to inspire and mentor others struggling with the same kinds of challenges she faced as a person of color with financial limitations.