

THE *f* LUTIST QUARTERLY



THE LEGACY OF  
**Rubén  
Islas**

**Laryngeal Vibrato  
Production in Flutists**

**Flute Modification**

**2021 NFA Convention**

THE OFFICIAL MAGAZINE OF



THE  
NATIONAL  
FLUTE  
ASSOCIATION

## DEPARTMENTS

- 7 From the President
- 9 From the Executive Director
- 10 High Notes
- 11 Across the Miles
- 13 From the New Music Advisory Committee
- 42 From the 2021 Convention Program Chair
- 46 NFA News
- 49 From the Performance Health Care Committee
- 50 Notes from Around the World
- 52 Passing Tones
- 56 Reviews
- 60 NFA Office, Coordinators, Committee Chairs
- 62 Index of Advertisers

Cover photo: Rubén Islas, courtesy the Islas family.



14

**THE NATIONAL FLUTE ASSOCIATION**  
70 E. LAKE STREET, #200  
CHICAGO, IL 60601

FOUNDED NOVEMBER 18, 1972, IN ELKHART, INDIANA

THIS MAGAZINE IS PUBLISHED QUARTERLY BY THE NATIONAL FLUTE ASSOCIATION, INC., A NONPROFIT ORGANIZATION. THE STATEMENTS OF WRITERS AND ADVERTISERS ARE NOT NECESSARILY THOSE OF THE NATIONAL FLUTE ASSOCIATION, INC., WHICH RESERVES THE RIGHT TO REFUSE TO PRINT ANY ADVERTISEMENT.



20



28



38

## FEATURES

- 14 **The Legacy of Rubén Islas: Mexico's Flute Teacher**  
by Jonathan Borja  
Diligent and persistent throughout his long life, the soloist, orchestral flutist, and teacher is now at the center of Mexico's musical life.
- 20 **Mapping Anatomical Locators for Musicians: Laryngeal Vibrato Production in Flutists**  
by Erika Boysen, DMA, and David Brown, MD  
A frank question from a curious student launched a study in search of better understanding how the pharynx and larynx physically create vibrato. Boysen and Brown's study produced data relevant to performers, educators, and students.
- 28 **Flute Modification: Renewing Flutists' Voices Through Innovation and Artistry**  
by Katherine Lewis  
Meet a few of the flutemakers who have adapted flutes to the needs of their players—and the flutists who have benefitted from their work.
- 38 **Sounds as Intense as Silence**  
by Yi Xiang  
The 2020 Young Artist Competition winner describes how the horrific year affected her life and flute playing—and her interpretations of one work in particular in her NFA performance.



Welcome to the 49th Annual  
National Flute Association Convention  
**Variations on a Dream**  
August 12–15, 2021

42