Daily Drills

Stretching and Flexibility
Practice adduction and abduction the orbicularis oris to manipulate VP=nRT for tonal control.

Aerobic Drills
Use articulations that loosen the tongue, facilitate natural breathing, and coordinate finger motion.

Motor Redundancy
Play with varied rhythms to reinforce coordination.
Pressure-dependent (PV=nRT) Agility Drills

Multiple Articulation
Play harmonics to develop embouchure strength and flexibility while loosening tongue motion.

Vibrato
Play harmonics to maintain requisite air volume and pressure while creating vibrato pulses.

The Goal
Work every day to reach at least $2.0231 \times 10^{22}$

$$P(n, k) = \frac{n^k}{(n - k)!}$$